

AEARU-POSTECH Winter Templestay

January 18-22, 2021

Pohang University of Science and Technology (POSTECH), Korea



Overview

- Title: AEARU-POSTECH Winter Templestay
- Date: January 18 - 22, 2021
- Venue: POSTECH & Gulgulsa Temple
- Eligibility: Full-time degree students currently enrolled in an AEARU member university
- Quota: Two (2) per institution
- Language: English
- Non-credit bearing student activity
- Organizer: External Relations & Communications, POSTECH

Introduction

POSTECH would like to welcome students from the AEARU member universities to the “AEARU-POSTECH Winter Templestay” from January 18 (Mon) to January 22 (Fri), 2021. Invited AEARU students will join a 3-day templestay program at Gulgulsa Temple (骨窟寺) which is visited by 8,000 international participants annually. Gulgulsa Temple is recognized as the headquarter of Sunmudo (禪武道), a Korean Buddhist martial art, and templestay participants will strengthen body and mind by experiencing Sunmudo, Korean Buddhists' traditions and their monastic life.

In addition to the templestay program, participating students will join a special lecture offered by a POSTECH professor and visit the historic heritage sites in the Gyeongju area, an ancient capital of Silla Kingdom for nearly 1,000 years.

Themes

AEARU-POSTECH Winter Templestay aims to provide a cultural platform for students from the AEARU member universities so as to foster international communication competency and build network between AEARU students.

Important Dates

- Nomination Deadline: October 23, 2020
 - Notification of Acceptance: November 6, 2020
 - Program Duration: January 18-22, 2021
- ※ Please be informed that the program may be subject to cancellation after considering the domestic and international COVID-19 situation.

Costs

- Golgulsa templestay fee: Waived
- Accommodation: Waived (2 nights: on-campus dormitory & 2 nights: templestay rooms)
- Scheduled transportation, travel insurance for the program period and meals included in the official program will be waived.
- Participants are responsible for their own round-trip flight tickets and travel expenses to and from POSTECH.

Nomination & Notification of Acceptance

- Two (2) students from each AEARU member university can be nominated.
- After completing the internal selection process, the nomination sheet should be submitted to kiljongyoo@postech.ac.kr no later than October 23, 2020.
- Nominees must be registered as full-time degree students at an AEARU member university.
- Notification of acceptance will be announced to nominees and home universities by November 6, 2020.

Golgulsa Templestay Program

- Golgulsa templestay program includes the following activities (subject to change):
 - △ Meditation △ Archery/Horseback riding
 - △ Sunmudo demonstration & Korean traditional arts performance
 - △ Communal work △ Ring the Big Dharma Bell △ Chanting service △ Tea ceremony
 - △ Sunmudo training △ 108 prostrations △ Monastic meals △ Physical activities & training
- Rooms will be shared by 2 ~ 5 participants during the templestay, and the temple will allocate shared rooms to participants.
- Link to Golgulsa Templestay: https://eng.templestay.com/temple_info.asp?t_id=d-kumkang

Schedule (Tentative)

Date	Time	Content
Jan 18 (Mon)	10:00-21:00	Arrival at POSTECH & Dormitory Check-in
Jan 19 (Tue)	07:30-07:50	Dormitory Check-out & Board a Bus
	08:00-08:10	Move to POSCO International Center (on-campus)
	08:10-08:55	Welcome Breakfast
	09:00-09:30	Orientation
	09:30-09:40	Break
	09:40-10:50	Special Lecture
	11:00-11:30	Campus Tour
	11:30-11:40	Move to Jigok Community Center
	11:40-12:10	Box Lunch
	12:10-13:00	Head for Golgulsa Temple
	13:00-22:00	Check-in & Templestay (Day-1)
Jan 20 (Wed)	05:00-22:00	Templestay (Day-2)
Jan 21 (Thu)	05:00-12:30	Templestay (Day-3) & Check-out
	12:30-13:00	Move to Gyeongju National Museum
	13:00-15:00	Visit to Gyeongju National Museum & Cheomseongdae
	15:00-16:00	Back to Dormitory
	16:00-17:50	Dormitory Check-in and Break
	18:00-18:10	Move to Yeonji Restaurant (on-campus)
	18:10-19:30	Farewell Dinner
Jan 22 (Fri)	08:00-09:30	Breakfast & Break
	10:00-11:00	Dormitory Check-out & Departure Drop-off (Pohang Bus Terminals & Pohang Station)

※ Program schedule may be subject to change.

Contact

Kiljong Yoo
 External Relations and Communications
 POSTECH
 Email: kiljongyoo@postech.ac.kr
 Tel: +82-54-279-2419